

Magic City Ice Classic 2017 8th Annual Competition July 28-30, 2017

Entry Deadline June 18, 2017 Test Session offered

IJS Judging System will be used for Juvenile-Senior Events, Adult Senior and Masters, Learn to Skate USA, Test Track FS, Spins, Jumps, Compulsory, Solo Dance Events, Showcase Events, Adult FS, Adult Jumps, Adult Spins, Adult Compulsory, Adult Solo Dance, Adult Showcase Events

Hosted by the Birmingham Figure Skating Club www.bhamfsc.org
Held at Pelham Civic Complex and Ice Arena
500 Amphitheater Drive, Pelham, AL, 35124

www.pelhamciviccomplex.com



Secure Online Registration at www.bhamfsc.org





The Magic City Ice Classic 2017 will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the current rulebook, as well as any pertinent updates which have been posted on the U.S. Figure Skating website.

This competition is open to all eligible, restricted, reinstated or readmitted persons as defined by the Eligibility Rules, and is a currently registered member of a U.S. Figure Skating member club, a collegiate club or an individual member in accordance with the current rulebook. Please refer to the current rulebook for non-U.S. Citizens.

ELIGIBILITY/TEST LEVEL:

Test level: Competition level is the highest test passed as of the entry deadline in the discipline the skater is entering. Entrants may skate one level above that for which they qualify, but they may not skate down in any event.

Age restrictions/requirements: Skaters entering juvenile free skate events (Well Balanced Program) must be under 14 years of age at the close of entries. Skaters entering open juvenile free skate events (Well Balanced Program), must be at least 14 years of age at the close of entries.

Skaters entering beginner-pre-juvenile events will be divided as closely as possible by age should the number of entries warrant more than one group.

Competitors shall be eligible to enter events based on their age and test status as of June 18, 2017. Entrants may skate one level above that for which they qualify, but they may not skate down in any event. Skaters may compete in as many disciplines as qualified by their test level (or one above, but not both) and age, but may compete in only one event per discipline (except solo dance). Competitors may enter both partnered and solo dance events.

Adult age categories

Class I: 21 years through 30 years
Class II: 31 years through 40 years
Class III: 41 years through 50 years
Class IV: 51 years through 60 years
Class V: 61 years and over

All age categories may be divided or combined depending on the number of entries and at the discretion of the Chief Referee and/or the competition committee. Men and women will be combined in Solo Dance and Dramatic/Light Entertainment/Duet events. The Chief Referee reserves the right to request proof of age. Copy of birth certificate, passport, driver's license or similar proof of age is considered acceptable but the competition committee reserves the right to require additional documentation.

ENTRIES:

Online Registration and credit card payment is available at www.bhamfsc.org. Online entries must be completed by midnight on June 18, 2017. Late entries will be accepted at the discretion of the Birmingham Figure Skating Club and must include a \$25 late fee. A \$35 service charge will be assessed for each returned check. Late entries will be accepted until July 2, 2017 based on availability. After July 2, 2017 NO late entries will

be accepted. No refunds will be given after the June 18, 2017, deadline unless the event is cancelled for lack of entries. Refunds to entries made online will be minus the online processing fees. Entry fees paid via credit card will be refunded to the same card. If you register online, the processing fee is not refundable for any reason. Please contact the registrar regarding refunds. Entries requiring changes to levels or events will be assessed a \$25 change fee. (All changes are subject to referee approval.) All competitors, except Learn to Skate USA entries, must be U.S. Figure Skating members (including those in Beginner events). All qualifying level groupings/skating orders are random draw and final rounds for qualifying levels will take place if numbers indicate and time permits.

For the Showcase Duets and Adult Team Maneuvers you will need to register each team separately and pay for that team (all members together) in the online system. When you register the team, you will need to provide the following information:

- 1. "Team Contact" this will be the contact information for a primary person who will be responsible for the team
- 2. "Team Name" this will be the name of the team used on the skating orders and in the program
- 3. Number of team members (this should include alternates)
- 4. The team roster for each of the team members, you will need the following information:
 - a. Skater first and last name
 - b. Skater date of birth
 - c. Skater highest test passed for free skate and moves in the field
 - d. Skater USFS number
 - e. Email address of the skater so that they can accept the liability waiver

Event Fees

First IJS Event	\$115.00
First Non-IJS single event or solo dance event	\$100.00
Additional single or dance events	\$ 45.00
Showcase Duet or Maneuver Team	\$ 45.00 each member
First Learn to Skate USA	\$ 50.00
Additional Learn to Skate USA	\$ 25.00
Change of Event Fee(make sure levels are correct)	\$ 25.00

<u>REFUND POLICY:</u> No refunds for events will be made after the closing date unless the event is cancelled by the referee. There will be no refunds for medical withdrawals. The online processing fees are not refundable. Checks returned for non-sufficient funds and contested credit card charges will be issued a \$30.00 fee. Payment of the fee will be required before the skater is allowed to participate in practice ice or events. Notification of competition and practice ice times will be available by email or online.

FACILITIES: The event will be held at Pelham Civic Complex and Ice Arena, 500 Amphitheater Drive, Pelham, AL. The twin surface facility measures 200' by 85' with rounded corners and hockey barriers and the main surface's seating capacity is over 3,000 spectators. Locker rooms are available and our on-site pro shop can handle minor skater repairs and sharpening. For directions, visit www.pelhamciviccomplex.com. The snack bar will be open during the competition.

<u>MUSIC:</u> Music must be on CDs, which have been labeled clearly with the skater's name and event. Due to compatibility and reliability reasons **no music may be submitted on re- recordable "CD-RW"** discs. The official competition music must be turned in at the registration table at the time of check-in. A duplicate CD should be readily available. Music may be picked up at the registration table following each event. Every reasonable care will be taken, but the Birmingham FSC cannot be responsible for CDs left at the end of the competition.

LIABILITY: U.S. Figure Skating, Birmingham Figure Skating Club, and Pelham Civic Complex and Ice Arena accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

JUDGING SYSTEM:

The International Judging System (IJS) will be used for the following events:

- Well Balanced Program free skate events, juvenile/open juvenile senior
- Short program events, juvenile senior

All competitors skating in these events need to submit the **planned program** content form online. This form is found in the Member's Only section at www.usfsa.org. The deadline to submit the form is **July 8**, **2017**.

The 6.0 Majority Judging System will be used for:

- Well Balanced Program free skate events, pre-preliminary prejuvenile
- Introductory free skate events (beginner, high beginner, no-test)
- All Learn To Skate USA events, Snowplow Sam Free Skate 6
- All Test Track events
- All specialty singles events (spins, jumps, compulsory moves, etc.)
- All solo dance events
- All Showcase events

<u>REGISTRATION:</u> The registration desk at the Pelham Civic Complex and Ice Arena will be open one hour before competition begins until close of events daily. Competitors should check-in at the registration desk an hour before their scheduled skate time and should check in with the ice monitor twenty minutes before their event. Please register promptly upon arrival.

PRACTICE ICE: Practice ice will be \$12 per 20 minute session if arranged once the schedule is posted. Skaters will be able to pick their own practice ice sessions online at www.bhamfsc.org, but you MUST indicate the number of sessions you want on the practice ice form or online when you register and you MUST pay for them with your entry form or when you register online (via credit card). You will receive an email with a PIN to allow you to access your practice ice records and select your sessions during the "selection period." After the designated "selection period" but before the start of the competition, skaters may go online to purchase practice ice at the regular rate of \$12.00 per 20 minute session and select from the sessions with remaining availability. Additional practice ice, if space allows, will be sold at the event at the rate of \$15.00 per 20 minute session.

Phone or e-mail reservations will not be accepted. Practice ice will be \$12 per 20 minute session if arranged by June 18, 2017. Each practice ice will be limited to 20 skaters.

PHOTOGRAPHY/VIDEOGRAPHY: Professional Videography and Photography TBA. Videotaping and photography for individual use are permitted from the stands only. No monopods or tripods are allowed. No flash photography is allowed.

<u>AWARDS:</u> Medals will be given to the 1st, 2nd, 3rd and 4th places in all events. Ribbons will be given to 5th through 6th place for Learn to Skate USA events through Pre-Juvenile events. Awards presentations will take place throughout the event. Check the board for times. Skaters should report to the awards area promptly in competition attire and skates.

<u>OFFICIAL NOTICES:</u> An official bulletin board will be maintained at registration. It is the responsibility of each competitor, parent and coach to check the bulletin board frequently for any schedule changes and/or additional information. Skaters are requested to arrive 45 minutes prior to the scheduled time of their event. A tentative schedule of events will be posted prior to the competition.

<u>CRITIQUES</u>: Individual critiques by judges will be offered to skaters and coaches. A time and location will be posted on the official bulletin board and announced during the event . A **Technical specialist and one Judge** from the panel will conduct the critiques.

<u>COMPETITION SCHEDULE</u>: The competition and practice ice schedules will be posted approximately 10 days prior to the competition at <u>www.bhamfsc.org</u>. The competition schedule is set by the referee, and no changes will be made to the schedule once it is announced unless an error has been made.

EVENT PROGRAM: An official program will be given to each participant, additional programs will be available at registration for a nominal fee. To place a "Good Luck" ad, please use the enclosed form. Please note that late entries may not appear in the official program.

<u>TEST SESSION</u>: BFSC plans to host a test session during the competition, if time allows. Skaters who wish to test may find a test application on the BFSC website, <u>www.bhamfsc.org</u>. Test forms for the test session will be due on <u>July 07, 2017</u>. Space may be limited. Out-of-town applicants must include a "permission to test" letter from their home club.

INFORMATION REGARDING COACHES:

U.S. Figure Skating Rule MR 5.11 Coach Registration

In order to be granted access to work within U.S. Figure Skating sanctioned activities, each coach must complete the following requirements on an annual basis by July 1:

A. Must be a current full member of U.S. Figure Skating - either through a member club or as an individual member; B. Must complete the coach registration process through the U.S. Figure Skating Members Only site, submit proper payment for the annual registration fee of \$30 and, if 18 years of age or older, successfully pass the background screen.

- C. Must complete the appropriate CER courses (A, B, C or D) depending on the highest level of students being coached as of July 1. See rule MR 5.12.
- D. Must submit proof of current general liability insurance with limits of \$1 million per occurrence/\$5 million aggregate.

For Learn to Skate USA ONLY coaches - Any person, 18 and older, instructing in a U.S. Figure Skating Basic Skills Program must have successfully passed the annual background screen and be registered as a Learn to Skate USA instructor.

The local organizing committee/club will have a list of compliant coaches who are cleared for a credential at the competition. Coaches will need to check in at the event registration desk and show a government issued photo I.D. to receive a credential.

If a coach cannot provide a photo I.D. and is not on the list or cannot produce the necessary documents, he or she will not be allowed a credential – <u>no exceptions</u>. We strongly urge *all* coaches to have their cards with them. Non-credentialed coaches will not be permitted in the designated coaching area at rink side during events including practice sessions. Coaching at U.S. Figure Skating events without proper registration is an ethics violation which is reported to U.S. Figure Skating and PSA.

For more information regarding Coach Compliance, please refer to: http://www.usfigureskating.org/Content/Coaching%20Compliance%20Toolkit.pdf

CONTACT INFO: If you have questions, please contact

Competition Chair: Heather Gonzalez, 205-426-8461, heather@bigdogpromo.net

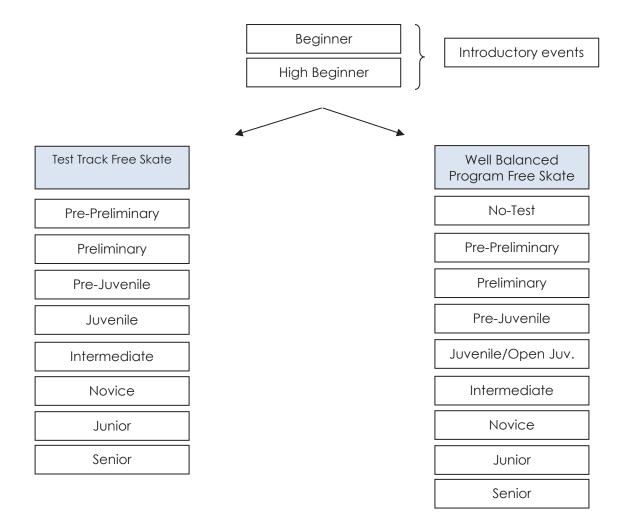
RECOMMENDED HOTELS:

Holiday Inn 260 Cahaba Valley Rd Pelham, AL 35124 205-987-8888 Hampton Inn 232 Cahaba Valley Rd Pelham, AL 35124 205-313-9500 Fairfield Inn 230 Cahaba Valley Rd Pelham, AL 35124 205-987-9879

SINGLES FREE SKATING EVENTS

See current rulebook or click here for current rules and requirements.

Illustration of Singles Free Skating Events:





EVENT: Basic Program Event: SNOWPLOW SAM - BASIC 6

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc., unless otherwise specified.

- To be skated on full ice.
- The skater may use elements from a previous level.
- A 0.2 deduction will be taken for each element performed from a higher level.

Level	Time	Skating rules/standards
		March followed by a two-foot glide and dip
Snowplow	1:10 max.	Forward two-foot swizzles, 2-3 in a row
Sam		Forward snowplow stop
		Backward wiggles, 2-6 in a row
		Forward two-foot glide and dip
Basic 1	1:10 max.	Forward two-foot swizzles, 6-8 in a row
		Beginning snowplow stop on two-feet or one-foot
		Backward wiggles, 6-8 in a row
		Forward one-foot glide, either foot
Basic 2	1:10 max.	 Scooter pushes, right and left foot, 2-3 each foot
		Moving snowplow stop
		Two-foot turn in place, forward to backward
		Backward two-foot swizzles, 6-8 in a row
		Beginning forward stroking showing correct use of blade
Basic 3	1:10 max.	 Forward ½ swizzle pumps on a circle, either clockwise or counter
		clockwise, 4-6 consecutive
		Forward slalom
		Beginning backward one-foot glide, either foot
		Moving forward to backward two-foot turn on a circle
		Backward one-foot glides, right and left
Basic 4	1:10 max.	Forward outside edge on a circle, clockwise or counter clockwise
		 Forward crossovers, 4-6 consecutive, both directions
		Beginning two-foot spin, 2-4 revolutions
		 Backward ½ swizzle pumps on a circle, one direction only
		Backward outside edge on a circle, clockwise or counterclockwise
	1:10 max.	Backward crossovers, 4-6 consecutive, both directions
Basic 5		Advanced two-foot spin, 4-6 revolutions
		Forward outside three-turn, right and left
		Hockey stop
		Forward inside three-turn, right and left
Basic 6	1:10 max.	Bunny Hop
		Forward spiral on a straight line, right or left
		Beginning one-foot spin, 2-4 revolutions, optional free leg held position
		and entry
		T-stop, right or left



EVENT: Pre-Free Skate – Free Skate 6 Program Event

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times an element is executed, length of glides, number of revolutions, etc., unless otherwise stated. Connecting steps and transitions should be demonstrated throughout the program.

- To be skated on full ice.
- The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels.
- A 0.2 deduction will be taken for each element performed from a higher level.
- Time 1:40 max.

Level	Time	Skating rules/standards
Pre-Free Skate	1:40 max	 Two forward crossovers into a forward inside Mohawk, step down and cross behind, step into one backward crossover and step to a forward inside edge, clockwise and counterclockwise One-foot upright spin, optional entry and free-foot position (minimum three revolutions) Mazurka Waltz jump
Free Skate 1	1:40 max	 Forward power stroking, 4-6 consecutive strokes Upright spin, entry from backward crossovers - minimum 4-6 revolutions Toe loop jump Half flip jump
Free Skate 2	1:40 max.	 Alternating forward outside and inside spirals on a continuous axis (2 sets) Beginning back spin, up to two revolutions Half Lutz Salchow jump
Free Skate 3	1:40 max	 Alternating Mohawk/crossover sequence, right to left and left to right Advanced back spin with free foot in crossed leg position, min 3 revs Loop jump Waltz jump-toe loop or Salchow-toe loop jump combination
Free Skate 4	1:40 max.	 Forward power 3's, 2-3 consecutive sets, right or left Sit spin - minimum three revolutions Half Loop jump Flip jump
Free Skate 5	1:40 max.	 Backward outside three-turn, Mohawk (backward power three-turn), both directions Camel spin - minimum three revolutions Waltz-loop jump combination Lutz jump
Free Skate 6	1:40 max.	 Split jump or stag jump Camel, sit spin combination - minimum of four revolutions total Waltz jump, ½ loop, Salchow jump sequence Axel jump



EVENT: Adult 1-6 Free Skate, Adult Pre-Bronze and Adult Bronze Program Event

General event parameters:

The skating order of the required elements is optional. The elements are not restricted to the number of times element is executed, or length of glides, number of revolutions, etc. unless otherwise stated. Connecting moves and steps should be demonstrated throughout the program.

- Vocal music is allowed
- The skater must demonstrate the required elements and may use, but is not required to use, any additional elements from previous levels.
- A 0.2 deduction will be taken for each element performed from a higher level.

Level	Time	Elements
	-	Falling and Recovery
Adult 1	1:30 +/- :10 sec	Forward Marching
		Forward two-foot glide
		Forward swizzle (4-6 in a row)
		Forward snowplow stop – two feet or one foot
		 Forward skating across the width of the ice
Adult 2	1:30 +/- :10 sec	Forward one-foot glides
		Forward slalom
		Backward skating
		Backward swizzles, 4-6 in a row
		Forward stroking using the blade properly
Adult 3	1:30 +/- :10 sec	Forward half-swizzle pumps on the circle, 6 to 8 in a row,
		clockwise and counterclockwise
		Backward skating to a long two-foot glide
		Forward chasses on a circle, clockwise and counterclockwise Paralamental and a surplamental and a Birth and Laft. Paralamental and a surplamental and a surpla
		Backward snowplow stop, Right and Left
Adult 4	1,20 , / ,10 , , ,	Forward outside edge on a circle, right and left Forward inside edge on a circle, right and left Toward inside edge on a circle, right and left
Adult 4	1:30 +/- :10 sec	Forward inside edge on a circle, right and left
		Forward crossovers, clockwise and counterclockwise Replayerd and feet glides right and left.
		 Backward one-foot glides, right and left Hockey stop, both directions
Adult 5	1:30 +/- :10 sec	 Backward outside edge on a circle, right and left Backward inside edge on a circle, right and left
Aduli 3	1.30 +/10 sec	Backward riside edge of a circle, right and left Backward crossovers, clockwise and counterclockwise
		Forward outside three-turn, right and left
		Beginning two-foot spin
		Forward stroking with crossover end patterns
Adult 6	1:30 +/- :10 sec	Backward stroking with crossover end patterns
7 (4011 0	1.00 47 110 300	Forward inside three-turn, right and left
		• T-stop
		• Lunge
		Two-foot spin into one-foot spin
		Must have passed no higher than adult pre-bronze free skate test or
Adult Pre-Bronze	1:40 max	pre-preliminary free skate test.
		Refer to the current U.S. Figure Skating Rulebook #4600 for specific
		requirements.
Adult Bronze	1:50 max	Must have passed no higher than adult bronze free skate test or the
		preliminary free skate test.
		Refer to the current U.S. Figure Skating Rulebook #4590 for specific
		requirements.



EVENT: Introductory Levels Free Skate Program

- Skaters will skate to the music of their choice.
- Level will be determined by the highest free skate test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
- Minimum number of spin revolutions are in parentheses following the spin description. Revolutions must be in position.

Level	Jumps	Spins	Step Sequences	Qualifications
Beginner 1:40 Maximum	Max. 5 jump elements: • Jumps with no more than one-half rotation (front to back or back to front). • Max. 2 jump sequences • Max. 2 of any same jump	Max. 2 spins: • Two upright spins, no change of foot, no flying entry (Min. 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating Learn to Skate USA free skating badge tests
High Beginner 1:40 Maximum	Max. 5 jump elements: Jumps with no more than one-half rotation (front to back or back to front including half-loop) Single rotation jumps: Salchow and toe loop only. Max. 2 jump combinations or sequences Max. 2 of any same type jump.	Max. 2 spins: • Two upright spins, change of foot optional, no flying entry (Min. 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating Learn to Skate USA free skating badge tests



EVENT: 2016-17 Test Track Free Skate – Pre-Preliminary through Senior levels

- 1. Skaters may <u>not</u> enter both a Well-Balanced Free Skate or Introductory Level event and a Test Track Free Skate event at the same nonqualifying competition.
- 2. Skaters will skate to the music of their choice. Vocal music is permitted at all levels.
- 3. Level will be determined by the highest Free Skate test passed. Skaters may compete at the highest level they have passed, or "skate up" to one level higher.
- 4. Minimum number of spin revolutions are in () following the spin description. Revolutions must be in position.
- 5. The following deductions will be taken:
 - 0.1 from each mark for each technical element included that is not permitted in the event description.
 - 0.2 from the technical mark for each extra element included.
 - 0.1 from the technical mark for any spin that is less than the required minimum revolutions.

Level	Jumps	Spins	Step Sequences	Qualifications
Pre-Preliminary 1:40 maximum	Maximum of 5 jump elements: • Jumps with not more than one-half rotation (front to back or back to front including half-loop) • Single rotation jumps: Salchow, toe loop and loop only. • Max. 2 jump combinations or sequences • Max. 2 of any same type jump	Maximum of 2 spins: • Two spins of a different nature, one position only. No change of foot, no flying entry. (Min. 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating pre- preliminary free skate test
Preliminary 1:30 +/- 10 sec.	Maximum of 5 jump elements: Jumps with not more than one rotation (no Axels). Max. 2 jump combinations or sequences Max. 2 of any same type jump	Maximum of 2 spins: One spin in one position; no change of foot, no flying entry. (Min. 3 revolutions) One spin consisting of a front scratch to back scratch; exit on spinning foot not mandatory. (Min. 3 revolutions per foot)	Connecting moves and steps should be demonstrated throughout the program	Skaters must have passed at least the U.S. Figure Skating pre-preliminary free skate test but may not have passed tests higher than the preliminary free skate test
Pre-Juvenile 2:00 +/- 10 sec.	Maximum of 5 jump elements: Jumps with not more than one rotation (no Axels). Max. 2 jump combinations or sequences Max. 2 of any same type jump	Maximum of 2 spins: One spin in one position, no change of foot (Min. 3 revolutions) One combination spin: forward camel spin to forward sit spin; change of foot optional (Min. 6 revolutions). Spins may not fly.	One step sequence fully utilizing ice surface	Skaters must have passed at least the U.S. Figure Skating preliminary free skate test but may not have passed tests higher than pre- juvenile free skate test



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Level	Jumps	Spins	Step Sequences	Qualifications
Juvenile 2:15 +/- 10 sec.	Maximum of 5 jump elements: Any single jumps, including Axel, are permitted. Max. 2 jump combinations or sequences Max. 2 of any same type jump	Maximum of 2 spins: One solo spin in one position, no change of foot (Min. 4 revolutions). One combination spin with one change of foot and at least one change of position, must include two of the basic spin positions. (Min. 4 revolutions per foot) Only solo spin may fly	One step sequence fully utilizing ice surface	Skaters must have passed at least the U.S. Figure Skating pre-juvenile free skate test but may not have passed tests higher than juvenile free skate test
Intermediate 2:40 +/- 10 sec.	 Maximum of 6 jump elements: Any single jumps. Double jumps permitted: double Salchow and double toe loop. Maximum of 3 jump combinations or sequences Max. 2 of any same type jump 	Maximum of 2 spins: One must be a flying spin (min 5 revolutions), One must be a combination spin with at least one change of foot and at least one change of position (minimum 4 revolutions per foot).	One step sequence fully utilizing ice surface	Skaters must have passed at least the U.S. Figure Skating juvenile free skate test but may not have passed tests higher than intermediate free skate test
Novice Ladies: 3:00 +/- 10 sec. Men: 3:30 +/- 10 sec.	Maximum of 7 jump elements for men and 6 for ladies: • Any single jumps. • Double jumps permitted: double Salchow, double toe loop and double loop. • Maximum of 3 jump combinations or sequences • Max. 2 of any same type jump	Maximum of 3 spins, of a different nature: One must be a combination spin with at least one change of foot and at least one change of position (min 5 revs per foot) The other spins are the option of the skater (min 6 revolutions per foot) All spins may fly	One step sequence or spiral sequence fully utilizing ice surface (see rule 4104 & 4105 for remarks)	Skaters must have passed at least the U.S. Figure Skating intermediate free skate test but may not have passed tests higher than novice free skate test

Level	Jumps	Spins	Step Sequences	Qualifications
Junior Ladies: 3:30 +/- 10 sec. Men: 4:00 +/- 10 sec.	Maximum of 8 jump elements for men and 7 for ladies:	Maximum of 3 spins of a different nature: • One spin in one position (Min. 6 revolutions) • One flying spin (Min. 6 revolutions) • One combination spin consisting of all three basic positions and one change of foot (2 per position, min. 5) revolutions per foot)	One step sequence fully utilizing ice surface (See rule 4105 for remarks)	Skaters must have passed at least the U.S. Figure Skating novice free skate test but may not have passed tests higher than junior free skate test
Senior Ladies: 4:00 +/- 10 sec. Men: 4:30 +/- 10 sec.	Maximum of 8 jump elements for men and 7 for ladies: • Any single jumps. • Must include at least four different double jumps, one must be a double Lutz. • Triple jumps are not permitted • Maximum of 3 jump combinations or sequences • Max. 2 of any same type jump	Maximum of 3 spins of a different nature: • One spin in one position (Min. 6 revolutions) • One flying spin (Min. 6 revolutions) • One combination spin consisting of all three basic spin positions and one change of foot (2 per position, min. 5 revolutions per foot)	Men: Two different step sequences, one being of advanced difficulty, both fully utilizing the ice surface. (See rule 4105 for remarks) Ladies: One step sequence of advanced difficulty, covering the full ice surface and either one spiral sequence or choreographic sequence. (See rule 4104 & 4105 for remarks.)	Skaters must have passed at least the U.S. Figure Skating junior free skate test



77 371		SNIGS	
71-9107	JUMP ELEMENIS	SPINS	SIEP SEGUENCES
	Max 5 Jump Elements	Max 2 Spins	Max 1 Sequence
	<i>S</i>	Spins may change teet and/or position	ğ
NO TEST		 Spins may start with a flying entry 	o Must use one-nair the
	 Number of single jumps (except single Axels) is not limited provided the maximum 	Min 3 revs.	ice surface
1:40 maximum	number of jump elements allowed is not exceeded		 Moves in the field and
	 Max 2 jump combinations or jump sequences 	These spins must be of a different character	spiral sequences are
***************************************	 Jump combinations limited to 2 jumps except that one 3-jump combination with a 	(For definition see U.S. Figure Skating rule 4103	permitted but will not be
	maximum of 3 single jumps is permitted.	(E))	counted as elements
is required	 Jump sequences limited to a maximum of 3 single jumps 		 Jumps may be included
			in the step sequence
			It IJS is used, then: ChSt
	Max 5 Jump Elements	Max 2 Spins	Max 1 Sequence
100	 All single jumps, including the single Axel, allowed 	 Spins may change feet and/or position 	Step Sequence
70 8 14 14 14 14 14 14 14 14 14 14 14 14 14	 No double, triple or quadruple jumps allowed 	 Spins may start with a flying entry 	 Must use one-half the
PRELIMINARY	 Axel may be repeated once as a solo jump or part of a jump sequence or jump 	Min 3 revs.	ice surface
	combination (maximum of 2 single Axels)		 Moves in the field and
1:40 maximum	 Number of single jumps is not limited provided the maximum number of jump 	These spins must be of a different character	spiral sequences are
	elements allowed is not exceeded	(For definition see U.S. Figure Skating rule 4103	permitted but will not be
*means element	 Max 2 jump combinations or jump sequences 	(E))	counted as elements
is required	 Jump combinations limited to 2 jumps except that one 3-jump combination with a 		 Jumps may be included
פאמווס	maximum of 3 single jumps is permitted.		in the step sequence
	 Jump sequences limited to a maximum of 3 single iumps 		If IJS is used, then: ChSt
	Max 5. Jump Flements	Max 2 Spins	Max 1 Secuence
	Thirty and Avel or a walth in mark	Spins may change feet and/or position	Sten Seguence
	All cinds in more including the cinds avel allowed Only 2 different double imme may	Spine may chart with a flying entry	Must lise one-half the
	All suitable Junips, including tile angle Axel, anower. Only 2 unlearnt adouble Junips may be attached to double or the complete and double force.	Ming and will a lightly	
PRELIMINARY	be attentified (infilted to double balcitow, double toe loop and double loop)	• MIN 3 revs.	
1:30 +/- 10 sec	An Axel plus up to two different, allowable double jumps may be repeated once April 2017 (2017) 2017 (20	The second secon	spiral sequences are
		These spins must be of a different character	permitted bat will flot be
*means element	 Number of single jumps is not limited provided the maximum number of jump 	(For definition see U.S. Figure Skating rule 4103	
in positive si	elements allowed is not exceeded	(E))	o Jumps may be included
na Inchail ei	ਰਿ		in the step sequence
	 Jump combinations limited to 2 jumps except that one three jump combination with 		II 135 IS USea, men: cnot
	a maximum of 2 double jumps and 1 single jump permitted Jump sequences limited to a maximum of 3 single or double iumps.		
	1.	Max 2 Spins	Max 1 Sequence
	• 1 must be an Axel-type jump*	1 spin combination, with or without change of	Step Sequence
	All single and double imms allowed except for the double Axel	foot*	 Must fully utilize the ice
	No triple or quadruple jumps allowed	 May start with a flying entry 	surface
PRE-JUVENILE		o Min 6 revs	 Moves in the field and
	as solo jumps or part of a jump sequence or jump combination	 1 spin with only 1 position* 	spiral sequences are
2:00 +/- 10 sec	 Number of single jumps is not limited provided the maximum number of jump 	 No change of foot 	permitted but will not be
	elements allowed is not exceeded	 May start with a flying entry 	counted as elements
*means element	 Max 2 jump combinations or sequences 	o Min 4 revs	o Jumps may be included
is required	 Jump combinations limited to 2 jumps except that one 3-jump combination with a 	· · · · · · · · · · · · · · · · · · ·	In the step sequence
-		These spins must be of a different character	If IJS Is used, then: Chat
	 Jump sequences limited to a maximum of 3 single of double jumps 	(For delimitor) see 0.5. Figure Skating rule 4.105	

2016-17 Singles Short Program Requirements – This chart has been updated with changes from the U.S. Figure Skating Governing Council and the ISU Congress that will go into effect July 1, 2016. The changes to intermediate in this chart take effect February 1, 2017.

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		Double or Triple lump	lump Combination				Polovo	Sychol Ston Socillonce
INTERMEDIATE LADIES/MEN	Single or	Immediately preceded by connecting steps	Single/Double, Double/Double, Single/Triple, or Double/Triple	Spin Only one position No change of foot		Spin Combination With only 1 change of foot Min. 2 different basic positions. Must have all 3 basic positions to receive full value.	Max Level 2. (7 turns) ar direction cove	Max Level 2. Only Simple Variety (7 tuns) and rotation in each direction covering at least a 1/3 of the pattern in total for each
2: <u>10</u> max.	Axel	May not repeat double Axel or the triple jump used in the combination	May not repeat Axel jump or solo jump performed	May start with a fly Min. 5 revs.		No flying entry Min. 5 revs. each foot Min. 2 revs in pos.	rotational evaluate Fully utilizir	rotational direction will be evaluated for the level. Fully utilizing the ice surface
		Double or Triple Jump	Jump Combination			Spin Combination		
NOVICE LADIES	Single or Double	Immediately preceded by connecting steps	Double/Double, Double/Triple or Triple/Triple	Layback or Sideways Leaning Spin, Sit or Camel Spin No change of foot	rs Leaning Spin, nel Spin	With only 1 change of foot Min. 2 different basic positions. Must have all 3 basic positions to receive full value.	ot Must have 'ull value.	Leveled Step Sequence
2:30 max.	Axel	May not repeat double Axel or either jump in combo	May not repeat double Axel or solo jump performed	No flying entry Min. 6 revs.	entry evs.	No flying entry Min. 5 revs. each foot Min. 2 revs in pos.		Fully utilizing the ice surface
		Double or Triple Jump	Jump Combination	2	200	Spin Combination	*	I exceled Ston
NOVICE MEN	Single or	Immediately preceded by connecting steps	Double/Double, Double/Triple or Triple/Triple	With only 1 change of foot No change of position	ange of foot f position	Will Only 1 change of root Min. 2 different basic positions. Must have all 3 basic positions to receive full value.	Must have full value.	Sednence Sednence
2:30 max.	Axel	May not repeat double Axel or either jump in combo	May not repeat Double Axel or solo jump performed	No flying entry Min. 5 revs. each foot	entry each foot	No flying entry Min. 5 revs. each foot Min. 2 revs in pos.		Fully utilizing the ice surface
		Double or Triple Loop	Jump Combination	Flying Camel	Layback, Sideways Leaning	Spin Combination With only 1 change of foot	÷	l eveled Sten
JUNIOR	Double		Double/Double, Double/Triple	νi.	or Sit Spin	Min. 2 different basic positions. Must have	Must have	Sequence
2.40 +/- 10 sec	Axel	connecting steps or other free	or ripie/inpie	different than	Milliout Change of foot	all 3 basic positions to receive full value; No flying entry	ull value.	Fully utilizing the
2.40 4/- 04.2		skating movements	May not repeat Double Axel or solo jump performed	landing pos. Min. 8 revs.	No flying entry Min. 8 revs.	Min. 6 revs. each foot Min. 2 revs in pos.		ice surface
	oldii o	Double or Triple Loop	Jump Combination	nel	Sit Spin	Spin Combination With only 1 change of foot	ot	Leveled Step
MEN	or Triple	Immediately preceded by	Double/Triple or Triple/Triple	vi.	of foot	Min. 2 different basic positions. Must have all 3 basic positions to receive full value.	Must have ull value.	Sequence
2:40 +/- 10 sec	AXE	connecting steps or other free skating movements	May not repeat Axel jump or solo jump performed	different than landing pos. Min. 8 revs.	Min. 6 revs. each foot	No flying entry Min. 6 revs. each foot Min. 2 revs in pos.		Fully utilizing the ice surface
		Any Triple Jump	Jump Combination	Flying Spin	Layback, Sideways	Spin Combination	÷	l oxolod Ston
SENIOR	Double or Triple	Immediately preceded by connecting steps or other free	Double/Triple or Triple/Triple	an	Leaning, Sit or Camel Spin	Min. 2 different basic positions. Must have all 3 basic positions to receive full value.	Must have ull value.	Sednence
2:40 +/- 10 sec	Axel	May not repeat Triple Axel or either jump in combo	May not repeat Axel jump or solo jump performed	spin in 1 position Min. 8 revs.	foot No flying entry Min. 8 revs.	No flying entry Min. 6 revs. each foot Min. 2 revs in pos.		Fully utilizing the ice surface
		Any Triple or Quadruple Jump	Jump Combination	Flying Spin C.	Camel or Sit Spin	Spin Combination	+	l eveled Sten
SENIOR	Double or Triple Axel	Immediately preceded by connecting steps or other free	Double/Triple, Triple/Triple, Quad/Double, or Quad/Triple	an	With only 1 change of foot No flying entry	Min. 2 different basic positions. Must have all 3 basic positions to receive full value.	Must have ull value.	Sequence
2:40 +/- 10 sec		skaung movements May not repeat Triple Axel or either jump in combo	May not repeat Axel jump or solo jump performed	Spin in 1 position Min. 8 revs.	Min. 6 revs. each foot	No nying entry Min. 6 revs. each foot Min. 2 revs in pos.		runy umizing me ice surface





71 3100	STNEME IS GMIII	SNIGS	STED SECTIONS
71-9107			SIEP SEQUENCES
	<u>ã</u>	Max 2 Spins	<u> </u>
	1 must be an Axel-type jump* All single and double jumps including the double Axel planted	 1 spin combination; with or without change of foot* 	Une choreographic step sequence*
SOVENICE AND	All single and double jurifies, including the double Axer, allowed No triple or quadruple itmps allowed	O Min 8 revs	Sequence Must fully utilize the ice
I IVENII E			
	one attempt must be in a jump combination or a jump sequence	 Must have all 3 basic positions to receive full 	
2:15 +/- 10 sec	 If both executions (of the double) are as solo jumps, the second of these 		
	Jumps will receive 70% of its original base value No double imm can be included more than twice	 1 spin with only 1 position; no change of foot* Min 5 rays 	
*means element	Max 2 jump combinations or sequences	Q	
is required		Spins must be of a different character	
		(For definition see U.S. Figure Skating rule 4103 (E))	
	May 6 1 Flowart	Mov 2 Carino	May 4 Sociosoo
	Max o Julip Elements ■ 1 milet he an ∆xel-type inmp*	Max 2 3 pills 1 spin combination: with or without change of	Max I Sequelice One leveled step sequence*
	All single_double and triple jumps allowed		
	1/2 or 3 revolu	o Min 8 revs	Only Simple
INIERMEDIAIE	 If any double or triple jumps, including double Axel, are repeated, at least one 		(seven turns) and
2.40 ±/- 10 coc	attempt must be part of a jump combination or sequence	Must have all 3 basic positions to receive full	rotation in each
7- 10 sec	 If both executions (of the double of triple) are as solo jumps, the second of these inmost will receive 70% of its original base value 	Value.	direction covering at least a 1/3 of the pattern
magas sagan	No double or triple jump can be included more than twice		in total for each
is required	â	ā	rotational direction will
50 50 50	Combinations are limited to 2 jumps	Spins must be of a different character	be evaluated for the
	 One 3-jump combination is permitted 	(For definition see U.S. Figure Skating rule 4103 (E))	level.
	 Number of jumps in jump sequence is not limited 		Must fully utilize the ice surface
	Max 6 Jump Elements	Max 3 Spins	Max 1 Sequence
	1 must be an Axel-type jump*	 1 spin combination; with or without change of 	 One leveled step sequence*
	All single, double and triple jumps are allowed	ō	 Must fully utilize the ice
NOVICE PADIES	 No more than 1 double Axel and 2 different triple jumps may be repeated, and if 		surface
	repeated, at least 1 attempt must be as part of a jump combination of sequence. I both executions (of the double Axel or same triple) are as solo iumps, the	Must have all 3 basic positions to receive full	
3:00 +/- 10 sec	second of these jumps will receive 70% of its original base value		
	 There is no limit to the number of different double jumps that can be repeated, 	 1 flying spin with no change of foot or position* 	
*means element		o Min 6 revs	
is required	ଚି	3rd spin is option of skater	
	Combinations limited to 2 jumps One 3-jump combination is permitted	An spins may start with a riving entry Spins must be of a different character	
-		(For definition see U.S. Figure Skating rule 4103 (E))	
	Max 7 Jump Elements	Max 3 Spins	Max 1 Sequence
	• 1 must be an Axel-type jump*	1 spin combination; with or without change of	пe
9 F	=	Nico 10 miles	o Must Idiiy utiiize the ice
NOVICE MEN	No more than 1 double Axel and 2 different trible jumps may be repeated, and if repeated at least one attempt milet he part of a jump combination or sequence.	Min 2 revs in each position	surface
URI	 If both executions (of the double Axel or same triple) are as solo jumps, the 		
3:30 +/- 10 sec	second of these jumps will receive 70% of its original base value	value.	
-	 There is no limit to the number of different double jumps that can be repeated, 	✐	
means element	but no double or triple jump can be included more trian twice	VIII b revs Std chin is ontion of skater	
na IInhai si	Combinations limited to 2 jumps	=	
		Spins must be of a different character	
	 Number of jumps in jump sequence is not limited 	(For definition see U.S. Figure Skating rule 4103 (E))	
This cho cid.	This about highlights the also may be a second of the seco		100000000000000000000000000000000000000





2016-17	STNEWS IS OWI II	SNIGS	STED SECTIENCES
71-0107			טובר טבייטרווטרט
	Max 7 Jump Elements • 1 must be an Axel-type iump*	Max 3 Spins1 spin combination: with or without change of	Max 1 Sequence One leveled step
			sequence*
	Of all the triples or giads only 2 can be executed twice	Min 10 reys	Must fully utilize the
YOUNG:	of all the highest of quades, only z call be excedded		
LADIES	 If both executions (of the same triple of quad) are as solo jumps, the second of 		Ice surface
	these jumps will receive 70% of its original base value	 Must have all 3 basic positions to receive full 	
0.00	 No double jump, including double Axel, can be included more than twice 	value.	
3:30 +/- 10 sec		1 spin with a flying entry*	
	Mov 3 incomplimations or continuous	Min 6 revs	
*means element	Wax o Junio Companiations of sequences	A	
	Combinations limited to 2 jumps	T spin with only 1 position?	
ls reduired	 One 3-jump combination is permitted 	 Min 6 revs 	
	o Number of jumps in a sequence is not limited	All spins may change feet and start with a flying entry	
		Shins must be of a different character	
		(For definition con 11 S Figure Okating mile 4403 (F))	
		(1 of definition) see 0.0.1 igaie onating late 4100 (E/)	
	Max 8 Jump Elements	Max 3 Spins	Max 1 Sequence
	 1 must be an Axel-type jump* 	 1 spin combination; with or without change of foot* 	 One leveled step
	Umps can contain any number of revolutions	O Min 10 revs	segnence*
	Of all the triples or another poly, 2 counted twice		Must fully utilize the
SONOS MEN	of all title triples of quadraty, or the reservation twice		
	Il bom executions (of the same triple of quad) are as solo jumps, the second of	O Must have all 3 pasic positions to receive full	ice sullace
4:00 +/- 10 sec	these jumps will receive 70% of its original base Value	value.	
	 No double jump, including double Axel, can be included more than twice 	 1 spin with a flying entry* 	
1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	in total as solo jump or part of a combination/sequence	Min 6 revs	
means element	Max 3 iump combinations or sequences	• 1 spin with only 1 position*	
is required	Combinations limited to 2 jumps	Min 6 revs	
		2	
		Original Information of a life and start with a hymly entry	
	o Number of Jumps in a sequence is not ilmited	Spins must be of a different character	
		(For definition see U.S. Figure Skating rule 41U3 (E))	
	Max / Jump Elements	Max 3 Spins	<u> </u>
	 1 must be an Axel-type jump* 	 1 spin combination; with or without change of foot? 	One leveled step
	 Jumps can contain any number of revolutions 	o Min 10 revs	sednence*
SOLUTION -	xecuted	 Min 2 revs in each position 	 Must fully utilize the
LADIES	 If both executions (of the same triple or quad) are as solo jumps, the second of 	 Must have all 3 basic positions to receive full 	ice surface
	these jumps will receive 70% of its original base value	value.	
4:00 +/- 10 sec	 No double jump, including double Axel, can be included more than twice 	 1 spin with a flying entry* 	One choreographic
		o Min 6 revs	segnence*
*	Max 3 imp combinations or sequences.	ς,	O Must be clearly
الحقالة فالقالد		Min Brays	
is required		2	
		Ships must be of a different character	
		(For definition see U.S. Figure Skating rule 4103 (E))	
	Max 8 Jump Elements	Max 3 Spins	Max 2 Sequences
	1 must be an Axel-type jump*	 1 spin combination; with or without change of foot* 	One leveled step
<i>†/!</i> \$	Jumps can contain any number of revolutions	o Min 10 revs	sednence*
SENIOR MEN	 Of all the triples or quads, only 2 can be executed twice 	Min 2 revs in each position	 Must fully utilize the
	 If both executions (of the same triple or quad) 	 Must have all 3 basic positions to receive full 	ice surface
		value.	
4:30 +/- 10 sec	 No double jump, including double Axel, can be included more than twice 	1 spin with a flying entry*	One choreographic
	in total as solo jump or part of a combination/sequence	o Min 6 revs	sednence*
means element	 Max 3 jump combinations or sequences 	1 spin with only 1 position	 Must be clearly
is required	 Combinations limited to 2 jumps 	o Min 6 revs	visible
		All spins may change feet and start with a flying entry	
	Number of jumps in a sequence is not ilmited	Spins must be of a different character (For definition see LLS, Figure Skating rule 4103 (F))	



EVENT: Basic Elements Event: SNOWPLOW SAM - BASIC 6

Each skater will perform each element in the order listed below (no excessive connecting steps).

- To be skated on 1/3 to 1/2 ice.
- No music.
- All elements must be skated in the order listed.

Level	Time	Skating rules/standards		
		March followed by a two-foot glide and dip		
Snowplow	1:00 max.	 Forward two-foot swizzles, 2-3 in a row 		
Sam		Forward snowplow stop		
		Backward wiggles, 2-6 in a row		
		Forward two-foot glide and dip		
Basic 1	1:00 max.	 Forward two-foot swizzles, 6-8 in a row 		
		Beginning snowplow stop on two-feet or one-foot		
		Backward wiggles, 6-8 in a row		
		Forward one-foot glide, either foot		
Basic 2	1:00 max.	 Scooter pushes, right and left foot, 2-3 each foot 		
		Moving snowplow stop		
		Two-foot turn in place, forward to backward		
		Backward two-foot swizzles, 6-8 in a row		
		Beginning forward stroking showing correct use of blade		
Basic 3	1:00 max.	 Forward ½ swizzle pumps on a circle, either clockwise or counter 		
		clockwise, 4-6 consecutive		
		Forward slalom		
		Beginning backward one-foot glide, either foot		
		Moving forward to backward two-foot turn on a circle		
		Backward one-foot glides, right and left		
Basic 4	1:00 max.	Forward outside edge on a circle, clockwise or counter clockwise		
		 Forward crossovers, 4-6 consecutive, both directions 		
		Beginning two-foot spin, 2-4 revolutions		
		Backward ½ swizzle pumps on a circle, one direction only		
		Backward outside edge on a circle, clockwise or counterclockwise		
		Backward crossovers, 4-6 consecutive, both directions		
Basic 5	1:00 max.	 Advanced two-foot spin, 4-6 revolutions 		
		Forward outside three-turn, right and left		
		Hockey stop		
		Forward inside three-turn, right and left		
Basic 6	1:00 max.	Bunny Hop		
		Forward spiral on a straight line, right or left		
		Beginning one-foot spin, 2-4 revolutions, optional free leg held position		
		and entry		
		T-stop, right or left		



EVENT: Pre-Free Skate – Free Skate 6 Compulsory Event

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional.

- To be skated on ½ ice.
- No music is allowed.
- The skater must demonstrate the required elements and may use any additional elements from previous levels.
- A 0.2 deduction will be taken for each element performed from a higher level.
- Time: 1:15 max

• IIme:		
Level	Time	Skating rules/standards
Pre-Free Skate	1:15 max	 Forward inside open Mohawk from a standstill position (R to L and L to R) Two forward crossovers into a forward inside Mohawk, step down and cross behind, step into one backward crossover and step to a forward inside edge, clockwise and counterclockwise One-foot upright spin, optional entry and free-foot position (minimum three revolutions) Mazurka Waltz jump
Free Skate 1	1:15 max.	 Forward power stroking, 4-6 consecutive strokes Backward outside three-turns, right and left Upright spin, entry from backward crossovers - minimum 4-6 revolutions Toe loop Half flip jump
Free Skate 2	1:15 max.	 Alternating forward outside and inside spirals on a continuous axis (2 sets) Backward inside three-turns, right and left Beginning back spin, up to two revolutions Half Lutz Salchow jump
Free Skate 3	1:15 max.	 Alternating Mohawk/crossover sequence, right to left and left to right Waltz three-turns, clockwise and counterclockwise Advanced back spin with free foot in crossed leg position, min 3 revs Loop jump Waltz jump/toe loop or Salchow/toe loop jump combination
Free Skate 4	1:15 max.	 Forward power 3's, 2-3 consecutive sets, right or left Sit spin - minimum three revolutions Half loop jump Flip jump
Free Skate 5	1:15 max.	 Backward outside three-turn, Mohawk (backward power three-turn), both directions Camel spin - minimum three revolutions Waltz jump-loop jump combination Lutz jump
Free Skate 6	1:15 max.	 Forward power pulls, right and left Split jump or stag jump Camel, sit spin combination - minimum of four revolutions total Waltz jump, ½ loop, Salchow jump sequence Axel jump



EVENT: Introductory Levels Compulsory Event

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional.

- To be skated on ½ ice.
- No music is allowed.
- The skater must demonstrate the required elements and may use any additional elements from previous levels.
- A 0.2 deduction will be taken for each element performed from a higher level.
- Skaters may have the option to skate one level higher in compulsories than their free skate program.

Level	Time	Skating rules/standards		
Beginner	1:15 max.	 Waltz jump ½ jump of choice Forward two-foot or one-foot spin - minimum three revolutions (free leg position optional) Forward or backward spiral 		
High Beginner	1:15 max.	 Toe loop jump Salchow jump Forward scratch spin - minimum three revolutions Forward or backward spiral 		



EVENT: Adult 1-6 Free Skate, Adult Pre-Bronze and Adult Bronze Compulsory Event

General event parameters:

The skating order of the required elements is optional. The elements are not restricted to the number of times element is executed, or length of glides, number of revolutions, etc. unless otherwise stated. Connecting moves and steps should be demonstrated throughout the program.

- The skater must demonstrate the required elements and may use, but is not required to use, any additional elements from previous levels.
- A 0.2 deduction will be taken for each element performed from a higher level.

Level	Time	Elements		
		Falling and Recovery		
Adult 1	1:30 +/- :10 sec	Forward Marching		
		Forward two-foot glide		
		Forward swizzle (4-6 in a row)		
		Forward snowplow stop – two feet or one foot		
		 Forward skating across the width of the ice 		
Adult 2	1:30 +/- :10 sec	Forward one-foot glides		
		Forward slalom		
		Backward skating		
		Backward swizzles, 4-6 in a row		
		Forward stroking using the blade properly		
Adult 3	1:30 +/- :10 sec	Forward half-swizzle pumps on the circle, 6 to 8 in a row,		
		clockwise and counterclockwise		
		Backward skating to a long two-foot glide		
		Forward chasses on a circle, clockwise and counterclockwise		
		Backward snowplow stop, Right and Left		
Adult 4	1,20 , / ,10 , , ,	Forward outside edge on a circle, right and left Forward inside edge on a circle, right and left Townsard inside edge on a circle, right and left.		
Aduli 4	1:30 +/- :10 sec	Forward inside edge on a circle, right and left Forward processors also leving and populations.		
		 Forward crossovers, clockwise and counterclockwise Backward one-foot glides, right and left 		
		Hockey stop, both directions		
		Backward outside edge on a circle, right and left		
Adult 5	1:30 +/- :10 sec	Backward obiside edge on a circle, right and left Backward inside edge on a circle, right and left		
Addii 3	1.50 1/10 360	Backward crossovers, clockwise and counterclockwise		
		Forward outside three-turn, right and left		
		Beginning two-foot spin		
		Forward stroking with crossover end patterns		
Adult 6	1:30 +/- :10 sec	Backward stroking with crossover end patterns		
		Forward inside three-turn, right and left		
		• T-stop		
		• Lunge		
		Two-foot spin into one-foot spin		
		Must have passed no higher than adult pre-bronze free skate test or		
Adult Pre-Bronze	1:40 max	pre-preliminary free skate test.		
		Refer to the current U.S. Figure Skating Rulebook #4600 for specific		
		requirements.		
Adult Bronze	1:50 max	Must have passed no higher than adult bronze free skate test or the		
		preliminary free skate test.		
		Refer to the current U.S. Figure Skating Rulebook #4590 for specific		
		requirements.		



EVENT: NO TEST - PRELIMINARY COMPULSORY MOVES

- Elements skated on ½ ice
- Elements may be performed only once
- Music is not allowed

Level	Time	Skating rules/standards
No-Test	1:15 max.	 Loop jump Jump combination to include a toe loop (may not use a loop or Axel) Solo spin - sit or camel spin - minimum three revolutions Spiral sequence, must include a forward and backward spiral. Additional spirals and balance moves may be included.
Pre- Preliminary	1:15 max.	 Toe Loop jump Jump combination: single/single (no Axel) Sit spin or camel spin - minimum three revolutions Spiral sequence with one forward spiral and one backward spiral (any edge)
Preliminary	1:15 max.	 Lutz jump Jump combination: single/single (may include Axel) Back upright spin - minimum three revolutions Forward inside spiral



EVENT: COMPULSORY MOVES

- 1. Basic Skills Juvenile: Elements skated on ½ ice
- 2. Intermediate Senior: Elements skated on full-ice
- 3. Elements may be performed only once
- 4. Music is not allowed

Level	Time	Skating rules/standards
Pre – Preliminary	1:15 max.	 Single flip (for competitions held before December 31, 2014) Single Toe Loop (for competitions held after January 1, 2015) Jump combination: single/single (no Axel) Sit spin or camel spin - minimum three revolutions Spiral sequence with one forward spiral and one backward spiral (any edge)
Preliminary	1:15 max.	 Single Lutz Jump combination: single/single (may include Axel) Back upright spin - minimum three revolutions Forward inside spiral
Pre – Juvenile	1:15 max.	 Single jump (may include Axel) Jump combination: single/single (may include Axel) Layback spin or camel spin - minimum three revolutions Step sequence - circular
Juvenile & Open Juv.	1:15 max.	 Single Axel Jump combination: single/single or double/single Layback spin or camel spin - minimum three revolutions Step sequence - circular
Intermediate	1:30 max.	 Double Salchow or double toe loop Jump combination: single/single or double/single Flying spin, minimum five revolutions Step sequence – straight line
Novice	1:30 max.	 Double loop Jump combination: double/single or double/double Flying spin - minimum five revolutions Step sequence - straight line
Junior	1:30 max.	 Double flip Jump combination: double/double or triple/double Combination spin - minimum 10 revolutions Step sequence - straight line
Senior	1:30 max.	 Double Lutz Jump combination: double/double or triple/double Combination spin - minimum 10 revolutions Step sequence - straight line



EVENT: Jumps Challenge

- 1. Each jump may be attempted twice; the best attempt will be counted.
- 2. Pre-juvenile and lower will be skated ½ ice; Juvenile senior will be skated on full ice
- 3. Jumps with an "*" must be preceded with connecting steps (intermediate senior)

Level	Time	Skating rules / standards		
Beginner	1:15 max.	 Waltz jump (from backward crossovers) ½ flip or ½ Lutz Single Salchow 		
High Beginner	1:15 max.	 Waltz jump (from backward crossovers) Single Salchow Jump combination – waltz jump-toe loop 		
No-Test	1:15 max.	 Single toe loop Single loop Jump combination – Any two ½ or single revolution jumps (no Axel) 		
Pre – Preliminary	1:15 max.	 Single toe loop Single flip Jump combination - Any two ½ or single revolution jumps (no Axel) 		
Preliminary	1:15 max.	 Single flip Single Lutz Jump combination – Any single jump + single loop (may be Axel) 		
Pre – Juvenile	1:15 max.	 Single Axel Single or double jump Jump combination – single/single (no Axel) 		
Juvenile & Open Juv.	1:15 max.	 Single Axel Double Salchow Jump combination – single/single or double/single (no Axel) 		
Intermediate	1:30 max.	 Single Axel Double loop* Jump combination – double/single (no Axel) 		
Novice	1:30 max.	 Double loop Double flip* Jump combination – double/double (may be double Axel) 		
Junior	1:30 max.	 Choice of double or triple jump Double or triple flip* Jump combination – double/double (may be double Axel) 		
Senior	1:30 max.	 Choice of double or triple jump Double or triple Lutz* Jump combination – double/double or triple/double (may be double Axel) 		



EVENT: Moves in the field

- 1. Levels are based on the skaters' highest Moves in the field test passed.
- 2. A moves in the field competition event will consist of the skater performing two moves in the field patterns.
- 3. The patterns to be skated depend on which quarter of the year the competition is held. The skater will perform the two patterns listed for their level, based upon the date of the competition. If the competition falls over two quarters (for example, June 30th July 2nd), the moves will be selected based on the start date of the competition listed in the announcement (in this example, the 2nd quarter).
- 4. Each skater will complete both of their required patterns consecutively in the order listed, pausing briefly in between.
- 5. The host club may choose to play background music, at a low volume, at their discretion.

Level	January 1- March 31st	April 1st – June 30th	July 1 st – September 30 th	October 1st – December 31st
Pre-Preliminary	Forward perimeter stroking (1/2 rink only) Basic consecutive edges (Forward outside & forward inside only)	1. Forward perimeter stroking (1/2 rink only). 2. Waltz eight (2 patterns/foot)	1. Basic consecutive edges (Backward outside & backward inside only). 2. Forward left & right spirals 1. Forward circle eight	Waltz eight Forward left & right spirals
Preliminary	Forward & backward crossovers Forward power 3-turns	crossovers backward crossovers 2		Forward circle eight Forward power 3-turns.
Pre-Juvenile	Forward & backward perimeter stroking. Forward outside and backward inside 3-turns.	Forward & backward power change of edge pulls. Forward inside and backward outside 3-turns.	Five-step mohawk sequence. Backward circle eight.	Forward outside-backward inside 3-turns. Backward circle eight.
Juvenile	Forward power circle Backward power 3- turns.	Backward power circle. Forward double 3-turns.	Eight-step mohawk sequence. Forward double 3-turns.	1. Forward & backward free skate cross strokes. 2. Backward power 3-turns.
Intermediate	Brackets in the field Spiral sequence	Brackets in the field Forward twizzles (right forward outside & right forward inside only)	Forward twizzles (left forward outside & left forward inside only). Inside slide chasse pattern.	Backward double three-turns. Brackets in the field
Novice	Inside 3-turns/rocker- choctaws Twizzles (Backward outside only)	Forward & backward outside counters. Twizzles (Backward inside only)	Forward & backward inside counters. Forward inside & outside loops.	Backward rocker choctaw sequence Forward inside & outside loops.
Junior	Forward & backward outside rockers Backward loop pattern.	Forward & backward inside rockers Choctaw sequence	Straight line step sequence. Power pulls	Straight line step sequence Backward loop pattern.
Senior	1. Sustained edge step 2. Serpentine step sequence	Spiral sequence Serpentine step sequence	Backward outside power double 3-turns to power inside double rockers. Serpentine step sequence	1. Backward inside double 3-turns to power double outside rockers 2. Serpentine step sequence



EVENT: Spins Challenge

- 1. Spins may be skated in any order. Connecting steps are allowed, but will not be taken into consideration in scoring. Spins may not be repeated. Only required elements may be included.
- 2. All events are skated on ½ ice.
- 3. Minimum number of revolutions are noted in parentheses.

Level	Time	Skating rules / standards
Beginner	1:30 max.	 Upright one-foot spin (3) Upright two-foot spin (3)
		3. Sit spin (3) 1. Upright one-foot spin (3)
High Beginner	1:30 max.	2. Upright two-foot spin (3)3. Sit spin (3)
No-Test	1:30 max.	 Upright one-foot spin (3) Upright two-foot spin (3) Sit spin (3)
Pre – Preliminary	1:30 max.	 Upright one-foot spin (3) Upright back scratch spin (3) Sit spin (3)
Preliminary	1:30 max.	 Forward scratch to back scratch spin (3) Combination spin with no change of foot (4) Sit spin (3)
Pre – Juvenile	1:30 max.	 Camel spin (3) Combination spin – camel to sit spin; no change of foot (6) Forward to backward scratch spin (3 per foot)
Juvenile & Open Juv.	1:30 max.	 Sit spin (4) Combination spin – with change of foot; optional change of position (4 per foot) Girls – layback spin (4); Boys – camel spin (4)
Intermediate	1:30 max.	 Flying camel spin (5) Sit spin to backward sit spin (4 per foot) Combination spin – change of foot & change of position (4 per foot)
Novice	1:30 max.	 Choice of camel, sit or layback spin (6) Camel spin to backward camel spin (4 per foot in position) Combination spin – change of foot & two changes of position (2 per position & 5 per foot)
Junior	1:30 max.	 Flying sit spin or flying reverse sit spin (6) Solo spin of choice (6) – may not fly Combination spin – with change of foot & utilizing all three positions (2 per position & 5 per foot)
Senior	1:30 max.	 Flying spin of choice (6) Solo spin of choice (6) – may not fly Combination spin – with change of foot & utilizing all three positions (2 per position & 5 per foot)



EVENT: Step Sequences

- 1. Levels are based on the skaters' highest Moves in the Field test passed.
- 2. Music of skater's choice, including vocal music, not to exceed the maximum (less time is fine).
- 3. Skates perform two different step sequences of their choice; any shape or pattern is permitted; however, skaters must make it clear when their first step sequence ends, and their second begins.
- 4. Each of the step sequences must include the required steps and/or turns listed for each level.
- 5. Each step sequence may, and is encouraged to, include additional steps or turns.
- 6. Each step sequence must utilize the full ice surface.
- 7. Skaters are encouraged to focus on edge quality, clarity of turns, multi-directional and one-foot skating.

Level	Time	Required elements		
		Each of the two step sequences must include:		
Pre-	1:00 max.	- Forward outside 3-turn		
Preliminary	1.001110,	- Inside mohawk		
1 TOMPTHI TOTY		- Demonstration of forward outside & forward inside edges		
		Each of the two step sequences must include:		
Preliminary	1:00 max.	- At least two consecutive forward outside power 3-turns		
l romrimiary	1.00 max.	- Forward inside 3-turn		
		- At least one set of alternating 3-turns (outside or inside)		
		Each of the two step sequences must include:		
Pre-Juvenile	1:00 max.	1. Backward inside 3-turns on each foot		
110 30 1011110	1.00 max.	2. Backward outside 3-turns on each foot		
		3. At least 2 consecutive power pulls (backward or forward)		
		Each of the two step sequences must include:		
Juvenile &	1:30 max.	1. Forward outside double 3 (either foot)		
Open Juv.	1.0011107	2. Forward inside double 3 (either foot)		
'		3. At least 2 consecutive cross strokes (backward or forward)		
		Each of the two step sequences must include:		
		1. Choice of backward double 3		
Intermediate	1:30 max.	2. At least 2 different brackets with clear entry & exit edges		
Internediale	1:30 max.	3. Forward inside 1 ½ twizzle		
		4. Forward outside 1 ½ twizzle		
		Each of the two step sequences must include:		
Novice 2:00 max. 1. At least 2 different cou		 At least 2 different counters with clear entry & exit edges 		
		2. Forward outside & forward inside loop (either foot)		
		3. Backward outside double twizzle		
		4. Backward inside double twizzle		
		Each of the two step sequences must include:		
Junior	2:00 max.	 At least 2 different rockers with clear entry & exit edges 		
		2. At least 2 different choctaws		
		Backward outside & backward inside loop (either foot)		
		4. A combination of at least 3 different turns done on one foot		
		Each of the two step sequences must include:		
		1. At least 1 of each of the following turns: 3-turn, bracket, rocker, counter,		
Senior	2:00 max.	choctaw, loop, and twizzle.		
0011101	2.00 1110%.	2. A combination of at least 3 different turns, to be selected from counter,		
		rocker, bracket, twizzle and loop, done on one foot.		
		have an effect on the balance of the main body core.)		
		Note: If necessary, skaters may combine items 1 & 2. For example, performing 3 different		
		consecutive turns on one foot may also count towards the requirement of demonstrating		
		all seven of the listed turns/steps.		



EVENT: Showcase Events – Dramatic Entertainment Events

Format:

- Programs should express intense emotional connection and investment in the music, choreography and theme concept through related skating movements, gestures and physical actions. The entire gamut of emotions may be expressed including intense joy and/or introspectiveness.
- Props and scenery ARE permitted.

General event parameters:

- 1. Level will be determined by the highest free skate or dance (solo or partnered) test passed, as listed in the table below. Skaters may compete at the highest level they have passed, or skate up to one level higher.
- 2. The determination of level will be based upon test requirement at the entry deadline.
- 3. Current guidelines and procedures for nonqualifying showcase competitions can be found at www.usfigureskating.org, under "Programs" on the National Showcase page.

Dramatic Entertainment Levels:

Except for Adult events, skaters must compete at the highest level for which they qualify.

	Event	Must meet requirements* Must have passed Free Skating or Dance test (solo or partnered standard track)	Must not have passed Free Skate or Dance (solo or partnered) Test or higher	Age	Time
	Preliminary	Preliminary Free Skate	Pre Juvenile Free Skate OR Juvenile Free Dance	No minimum age (max age 20)	1:40 max
	Pre Juvenile	Pre Juvenile Free Skate	Juvenile Free Skate OR Juvenile Free Dance	No minimum age (max age 20)	1:40 max
	Juvenile	Juvenile Free Skate OR Juvenile Free Dance	Intermediate Free Skate OR Intermediate Free Dance	13 and under	2:10 max
	Teen	Juvenile Free Skate OR Juvenile Free Dance	Intermediate Free Skate OR Intermediate Free Dance	14-17	2:10 max
	Intermediate	Intermediate Free Skate OR Intermediate Free Dance	Novice Free Skate OR Novice Free Dance	17 and under	2:10 max
	Young Adult	Juvenile Free Skate OR Juvenile Free Dance	Novice Free Skate OR Novice Free Dance	18-20	2:10 max
	Novice	Novice Free Skate OR Novice Free Dance	Junior Free Skate OR Junior Free Dance		2:10 max
	Junior	Junior Free Skate OR Junior Free Dance	Senior Free Skate OR Senior Free Dance		2:40 max



EVENT: Showcase Events – Light Entertainment Events

Format:

- Showcase program that should express a carefree concept or storyline designed to uplift and entertain the audience through related skating movements, gestures and physical actions.
- Props and scenery are permitted.

General event parameters:

- 1. Level will be determined by the highest free skate or dance (solo or partnered) test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
- 2. The determination of level will be based upon test requirement at the entry deadline.
- 3. Current guidelines and procedures for nonqualifying showcase competitions can be found at www.usfigureskating.org, under "Programs" on the National Showcase page.

Light Entertainment Levels:

Except for Adult events, skaters must compete at the highest level for which they qualify.

Event	Must meet requirements* Must have passed Free Skating or Dance test (solo or partnered standard track)	Must not have passed Free Skate or Dance (solo or partnered) Test or higher	Age	Time
Preliminary	Preliminary Free Skate	Pre Juvenile Free Skate OR Juvenile Free Dance	No minimum age (max age 20)	1:40 max
Pre Juvenile	Pre Juvenile Free Skate	Juvenile Free Skate OR Juvenile Free Dance	No minimum age (max age 20)	1:40 max
Juvenile	Juvenile Free Skate OR Juvenile Free Dance	Intermediate Free Skate OR Intermediate Free Dance	13 and under	2:10 max
Teen	Juvenile Free Skate OR Juvenile Free Dance	Intermediate Free Skate OR Intermediate Free Dance	14-17	2:10 max
Intermediate	Intermediate Free Skate OR Intermediate Free Dance	Novice Free Skate OR Novice Free Dance	17 and under	2:10 max
Young Adult	Juvenile Free Skate OR Juvenile Free Dance	Novice Free Skate OR Novice Free Dance	18-20	2:10 max
Novice	Novice Free Skate OR Novice Free Dance	Junior Free Skate OR Junior Free Dance		2:10 max
Junior	Junior Free Skate OR Junior Free Dance	Senior Free Skate OR Senior Free Dance		2:40 max

Senior	Senior Free Skate OR Senior Free Dance			2:40 max
Event	Must meet requirements* Must have passed Free Skate or Dance Test (solo or partnered, standard, adult, or masters track)	Must not have passed Free Skate or Dance Test (solo or partnered; standard, adult, or masters track) or higher	Age	Time
Adult Bronze	Adult Bronze Free Skate Preliminary Free Skate Juvenile Free Dance OR Complete Pre-Bronze Dance Test**	Adult Silver Free Skate Pre Juvenile Free Skate Adult Silver Free Dance Intermediate Free Dance Preliminary FD (prior to 9/2/2000) OR 3rd Figure (prior to 10/1/77) OR Any Pre-Silver Dance**	21 and older	1:40 max
Adult Silver	Adult Silver Free Skate Juvenile FS (prior to 10/1/94) Pre Juvenile FS Adult Silver Free Dance Intermediate Free Dance Preliminary FD (prior to 9/2/2000) 3rd Figure (prior to 10/1/77) OR One Pre-Silver Dance**	Adult Gold Free Skate Juvenile FS (On/after 10/1/94) Adult Gold Free Dance Novice Free Dance Bronze FD (prior to 9/2/2000) 4th Figure (prior to 10/1/77) OR Any Pre-Gold Dance**	21 and older	1:40 max
Adult Gold	Adult Gold Free Skate Juvenile Free Skate Adult Gold Free Dance Novice Free Dance 3rd Figure (prior to 10/1//77) OR One Pre-Gold Dance**	Intermediate FS (on/after 10/1/91) Junior Free Dance Silver FD (Prior to 9/2/2000) 5th Figure Test (prior to 10/1/77) OR Complete Pre-Gold Dance Test**	21 and older	1:40 max
Masters	Intermediate Free Skate Adult Gold Free Dance Junior Free Dance Silver FD (Prior to 9/2/2000) 3rd Figure Test (prior to 10/1/77) 8th Figure Test (10/1/77- 9/30/79) OR Complete Pre-Gold Dance Test**		21 and older	1:40 max

^{*} For the US Adult Championships and adult sectional championships, skaters must meet the test requirements for the level at which they want to compete; rules 2540-2552 apply,; and the same level must be chosen for all showcase events at the competition (for example, a skater may not compete in Masters Dramatic Entertainment and Adult Gold Light Entertainment events at the same competition). For all other competitions, skaters must compete at their test level or one level higher, per the above chart. For Basic Skills levels and events, please refer to the U.S. Figure Skating Compete USA Competition Manual for Showcase event levels, elements, qualifications, program lengths and descriptions. For events offered, refer to the competition announcement.



^{**}IMPORTANT- As of May 1, 2017, Pattern Dance Tests will no longer qualify adult athletes to compete in Showcase Events. Athletes currently competing based on pattern dance tests will need to pass a qualifying free skate or free dance test (solo, partnered, standard, adult, or masters) to compete in showcase events after April 30, 2017.



EVENT: Showcase Events – Duet Events

Format:

- Duets are theatrical or artistic performances by any competitors.
- Props and scenery ARE permitted.

General event parameters:

- 1. Level will be determined by the highest free skate or dance (solo or partnered) test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
- 2. The determination of level will be based upon test requirement at the entry deadline

Current guidelines and procedures for nonqualifying showcase competitions can be found at www.usfigureskating.org, under "Programs" on the National Showcase page.

Duet Event Levels:

Except for Adult events, skaters must compete at the highest level for which they qualify.

Event	Must meet requirements* Must have passed Free Skating or Dance test (solo or partnered standard track)	Must not have passed Free Skate or Dance (solo or partnered) Test or higher	Age	Time
Preliminary	Preliminary Free Skate	Pre Juvenile Free Skate OR Juvenile Free Dance	No minimum age (max age 20)	1:40 max
Pre Juvenile	Pre Juvenile Free Skate	Juvenile Free Skate OR Juvenile Free Dance	No minimum age (max age 20)	1:40 max
Juvenile	Juvenile Free Skate OR Juvenile Free Dance	Intermediate Free Skate OR Intermediate Free Dance	13 and under	2:10 max
Teen	Juvenile Free Skate OR Juvenile Free Dance	Intermediate Free Skate OR Intermediate Free Dance	14-17	2:10 max
Intermediate	Intermediate Free Skate OR Intermediate Free Dance	Novice Free Skate OR Novice Free Dance	17 and under	2:10 max
Young Adult	Juvenile Free Skate OR Juvenile Free Dance	Novice Free Skate OR Novice Free Dance	18-20	2:10 max
Novice	Novice Free Skate OR Novice Free Dance	Junior Free Skate OR Junior Free Dance		2:10 max
Junior	Junior Free Skate OR Junior Free Dance	Senior Free Skate OR Senior Free Dance		2:40 max
Senior	Senior Free Skate OR Senior Free Dance			2:40 max



EVENT: Showcase Events – Mini Production Ensemble Events

Formats:

- **Mini production ensemble** events are theatrical performances by three to seven competitors. Props and scenery are permitted. Programs are performed under full arena lighting
 - o NOTE: Skaters may enter only one duet, mini production AND production event each.

Current guidelines and procedures for nonqualifying showcase competitions can be found at www.usfigureskating.org, under "Programs" on the National Showcase page.

Mini Production Ensemble Events:

Event	Must meet requirements* Must have passed Free Skating or Dance test (solo or partnered standard track)	Must not have passed Must not have passed Free Skate or Dance test (solo or partnered standard track)	Age	Program Duration
Mini Production	Open	Open	No age restriction	3:10 max



EVENT: Showcase Events – Production Ensemble Event

Formats:

- **Production ensemble** events are theatrical performances by eight or more competitors. Theatre On Ice teams are eligible as production ensembles. Props and scenery are allowed. Programs are performed under full arena lighting
 - o NOTE: Skaters may enter only one duet, mini production AND production event each.

Current guidelines and procedures for nonqualifying showcase competitions can be found at www.usfigureskating.org, under "Programs" on the National Showcase page.

Production Ensemble Events:

Event	Must meet requirements* Must have passed Free Skating or Dance test (solo or partnered standard track)		Age	Program Duration
Production Ensemble	Open	Open	No age restriction	6:15 max



EVENT: Solo Pattern Dance

- 1. Levels are based upon the skaters' highest pattern dance test passed.
- 2. A solo pattern dance competition event will consist of the skater performing two solo pattern dances.
- 3. The patterns to be skated depend upon which quarter of the year the competition is held. The skater will perform the two pattern dances listed for their level, based upon the date of the competition. If the competition falls over two quarters (for example, June 30th July 2nd), the dance will be selected based on the start date of the competition listed in the announcement (in this example, the 2nd quarter).
- 4. Skaters will complete both of the dances at each level. Dances will be scheduled at the discretion of the Chief Referee for each competition and may be competed consecutively or with a break in-between pattern dances groupings.

Level	January 1-	April 1st –	July 1st -	October 1st –
	March 31st	June 30 th	September 30 th	December 31st
Preliminary	1. Dutch Waltz	1. Rhythm Blues	1. Canasta	1. Rhythm Blues
,	Canasta Tango	2. Dutch Waltz	Tango	2. Dutch Waltz
			2. Rhythm Blues	
Pre-bronze	1. Swing	 Fiesta Tango 	1. Cha-Cha	1. Swing
	2. Cha-Cha	2. Swing	Fiesta Tango	2. Cha-Cha
Bronze	1. Hickory Hoedown	1. Ten Fox	1. Willow Waltz	Hickory Hoedown
	2. Willow Waltz	2. Hickory Hoedown	2. Ten Fox	2. Willow Watz
Pre-silver	 Fourteenstep 	1. Foxtrot	1. European	 Fourteenstep
	European Waltz	Fourteenstep	Waltz	2. European Waltz
			2. Foxtrot	
Silver	American Waltz	 Rocker Foxtrot 	 Silver Tango 	American Waltz
	Silver Tango	2. American Waltz	Rocker Foxtrot	Silver Tango
Pre-gold	1. Killian	1. Paso Doble	1. Killian	1. Paso Doble
	2. Blues	Starlight Waltz	2. Blues	Starlight Watlz
Gold	1. Viennese Waltz	 Westminster 	 Viennese Waltz 	 Westminster
	2. Argentine Tango	Waltz	Argentine	Waltz
		2. Quickstep	Tango	Quickstep



EVENT: Adult Solo Pattern Dances

- 1. Event consists of two dances
- 2. Men & ladies will compete against one another in these events, skating their gender's respective steps.
- 3. Draw for the skating order will be made in accordance with rule 6074.
- 4. Each skater may provide their own music for each dance. See rule 6031 (B) for requirements.

Event	Test Qualifications	First Dance (# patterns)	Second Dance (# patterns)
Adult Gold Solo	Must have passed at least one standard, adult or masters solo or partnered gold dance test.	Starlight Waltz	Argentine Tango
Pattern Dance		(2 patterns)	(2 patterns)
Adult Pre-Gold Solo	Must have passed at least one standard, adult or masters solo or partnered pre-gold dance test and no higher than one standard, adult or masters solo or partnered gold dance test.	American Waltz	Paso Doble
Pattern Dance		(2 patterns)	(2 patterns)
Adult Silver Solo	Must have passed at least one standard, adult or masters solo or partnered silver dance test and no higher than one standard, adult or masters pregold dance test.	Foxtrot	American Waltz
Pattern Dance		(2 patterns)	(2 patterns)
Adult Pre-Silver Solo	Must have passed at least one standard, adult or masters solo or partnered pre-silver dance test and no higher than one standard, adult or masters solo or partnered silver dance test.	Willow Waltz	Fourteenstep
Pattern Dance		(2 patterns)	(3 patterns)
Adult Bronze Solo	Must have passed the complete standard, adult or masters solo or partnered pre-bronze dance test and no higher than one standard, adult or masters solo or partnered pre-silver dance test.	Fiesta Tango	Willow Waltz
Pattern Dance		(2 patterns)	(2 patterns)
Adult Pre-Bronze Solo	Must have passed the complete standard, adult or masters solo or partnered preliminary dance test and no higher than one standard, adult or masters solo or partnered bronze dance test.	Dutch Waltz	Fiesta Tango
pattern Dance		(2 patterns)	(2 patterns)



EVENT: Adult Compulsory Moves

- 1. Spins may be skated in any order. Connecting steps are allowed, but will not be taken into consideration in scoring. Spins may not be repeated. On required elements may be included.
- 2. All events are skated on $\frac{1}{2}$ ice.
- 3. Minimum number of revolutions are noted in parentheses.

Level	Time	Elements
Adult Beginner	1:15	 Forward crossovers (Min. 5 consecutive) Waltz jump Two foot upright spin Forward spiral (any edge)
Adult Pre-Bronze	1:15	 Backward crossovers (Min. 5 consecutive) Waltz jump Forward upright spin (Min. 3 revolutions) Forward outside spiral
Adult Bronze	1:15	 Single Salchow Waltz jump – toe loop combination jump Sit spin (Min. 3 revolutions) Spiral sequence (Min. 2 spirals)
Adult Silver	1:30	 Single loop Single/single jump combination Sit spin (Min. 3 revolutions) Straight line step sequence
Adult Gold	1:30	 Single Lutz or Axel Single/single or single/double jump combination Camel spin (Min. 4 revolutions) Straight line step sequence
Masters Intermediate/Novice	2:00	 Axel, double Salchow, double toe loop or double loop Jump combination (double/double, single/double or double/single) that may include double Salchow, double toe loop or double loop and any single jump including Axel Solo spin of skater's choice (Min. 6 revolutions) Straight line step sequence
Masters Junior/Senior	2:00	 Choice of any double jump Jump combination that may include any double jump Solo spin of skater's choice (Min. 8 revolutions) Straight line step sequence



EVENT: Adult Jumps Challenge

- 1. Each jump may be attempted twice; the best attempt will be counted.
- 2. Adult silver and lower will be skated ½ ice; adult gold masters junior/senior will be skated on full ice
- 3. Jumps with an "*" must be preceded with connecting steps (intermediate senior)

Level	Time	Elements
Adult Beginner	1:00	Bunny Hop Mazurka or ballet jump
Adult Pre-Bronze	1;00	1. Waltz or toe loop jump 2. ½ flip, ½ Lutz or ½ loop
Adult Bronze	1:00	 Single Salchow Single toe loop Any single jump + single toe loop combination (No Axels allowed)
Adult Silver	1:15	 Single flip Single loop Single/single combination (Axel is permitted)
Adult Gold	1:15	 Single Axel Single Lutz Single/single or single/double jump combination (may include any single jump, double toe loop or double Salchow)
Masters Intermediate/Novice	1:30	 Axel Double Salchow, double toe loop or double loop Jump combination (double/double, single/double or double/single) that may include double Salchow, double toe loop or double loop and any single jump including Axel
Masters Junior/Senior	1:30	 Double loop or double flip Double Lutz Jump combination that may include any double jump



EVENT: Adult Spins Challenge

- 1. Spins may be skated in any order. Connecting steps are allowed, but will not be taken into consideration in scoring. Spins may not be repeated. On required elements may be included.
- 2. All events are skated on ½ ice.
- 3. Minimum number of revolutions are noted in parentheses.

Level	Time	Skating rules / standards
Adult Beginner	1:15	 Pivot Two-foot upright spin (2)
Adult Pre-Bronze	1:15	 One-foot upright spin (3) Two-foot upright spin (3)
Adult Bronze	1:15	 One-foot upright spin (4) One-foot back spin (3) Sit spin (3)
Adult Silver	1:30	 Camel spin (3) Layback, sideways leaning or sit spin (4) Combination spin with at least one change of position, no change of foot (3 in each position)
Adult Gold	1:30	 Solo spin, no change of foot (4) Second solo spin, different from the first; change of foot optional (4) Combination spin with only one change of foot and at least one change of position (4 each foot)
Masters Intermediate/Novice	1:30	 Solo spin of skater's choice (Min. 6 revolutions) Second solo spin, different from the first; change of foot optional (4) May have a flying entry Combination spin that may have more than one change of foot and at least one change of position (4 each foot)
Masters Junior/Senior	1:30	 Solo spin of skater's choice (Min. 8 revolutions) Solo spin with a flying entry Combination spin that may have more than one change of foot and at least one change of position (4 each foot). May have a flying entry

2016-17 Adult Singles Free Skating Requirements – This chart has been updated with the changes from the U.S. Figure Skating Governing Council that will go into effect July 1, 2016.



2016-17	JUMP ELEMENTS	SPINS	STEP SEQUENCE
CHAMPIONSHIP MASTERS JUNIOR-SENIOR & MASTERS JUNIOR-SENIOR 3:40 maximum * means element is required	be jun or sec nay cr ps eque ence ence s mus	 Max 3 Spins Spins must be of different character (for definition, see U.S. Figure Skating rule 4103 (E)) Min 5 revs total if no change of foot Min 4 revs each foot if change of foot Min 2 revs in each position 	Max 1 Step Sequence 1 choreographic step sequence, fully utilizing the ice surface (may include moves in the field and spirals) Additional moves in the field, spiral and step sequences will not be counted as elements but will be counted as transitions and marked as such.
CHAMPIONSHIP MASTERS INTERMEDIATE- NOVICE & MASTERS INTERMEDIATE- NOVICE 3:10 maximum * means element is required	 Max 6 Jump Elements 1 must be an Axel-type jump* Max 3 combinations or sequences 1 jump combinations/sequence may contain three jumps; the remaining jump combinations/sequence are limited to two jumps Each jump may be repeated only once, and only as part of combination or sequence All single jumps and the following double jumps are permitted: double toe loop, double Salchow, double loop Only one double-double jump combination or sequence is permitted Double flip, double Lutz, double Axel and triple jumps are not permitted 	Spins must be of different character (for definition, see U.S. Figure Skating rule 4103 (E)) Min 5 revs total if no change of foot Min 4 revs each foot if change of foot Min 2 revs in each position	1 choreographic step sequence, fully utilizing the ice surface (may include moves in the field and spirals) Additional moves in the field, spiral and step sequences will not be counted as elements but will be counted as transitions and marked as such.
CHAMPIONSHIP ADULT GOLD & ADULT GOLD 2:40 maximum	 Max 5 Jump Elements Max 3 combinations or sequences 1 jump combination/sequence may contain three jumps; the remaining jump combination/sequence are limited to two jumps Each jump may be repeated only once, and only as part of combination or sequence All single jumps, including the single Axel, are permitted, as are the following double jumps: double toe loop, double Salchow. No double-double jump combinations or sequences are permitted Double loop, double flip, double Lutz, double Axel and triple jumps are not permitted 	Spins must be of different character (for definition, see U.S. Figure Skating rule 4103 (E)) Min 4 revs total if no change of foot Min 2 revs in each foot if change of foot	As 1 Step Sequence I choreographic step sequence, fully utilizing the ice surface (may include moves in the field and spirals) Additional moves in the field, spiral and step sequences will not be counted as elements but will be counted as transitions and marked as such.

This chart highlights the elements in each program. It is not meant to replace the reading of the rules in the current version of the U.S. Figure Skating Rulebook. Should this chart disagree with the current U.S. Figure Skating Rulebook in any aspect, the rulebook takes precedence.

Spins of a different character – this refers to the abbreviation of a spin, e.g. a combination spin with a change of foot (CCoSp) and a combination with no change of foot (CoSp) are spins of a different character. For more information, see U.S. Figure Skating rule 4103 (E).

6.0 System Penalties: • 0.1 in each mark for each illegal element • 0.1 in 1st mark for insufficient revs.
 • 0.1 in each mark for time violation
 • 0.1 in 1st mark for step seq. not utilizing the ice as prescribed.

0.2 in 1st mark for each jump and/or spin element exceeding max.
0.2 in 1st mark if a required element is omitted

NOTE: All times are MAXIMUM times. There is no +/- 10 second leeway for adult programs. All programs – IJS and 6.0 -- over the maximum time will receive a deduction.

Adult Singles 2016-2017 Version 1.1- 7/22/16 LMF

2016-17 Adult Singles Free Skating Requirements – This chart has been updated with the changes from the U.S. Figure Skating Governing Council that will go into effect July 1, 2016.



2016-17	JUMP ELEMENTS	SPINS	STEP/SPIRAL SEQUENCES
	Max 5 Jump Elements	Max 2 Spins	Max 1 Sequence
CHAMPIONSHIP ADULT SILVER AND ADULT SILVER 2:10 maximum	 Max 2 combinations or sequences 1 combination/sequence may consist of three jumps, and the other may have only two jumps Additional jump sequences which contain non-listed jumps of not more than one revolution performed as part of connecting footwork preceding single jumps are permitted Each jump may be repeated only once, and only as part of a combination or sequence (maximum of 2 of any jump) All single jumps are permitted, including single Axel. No double or triple jumps are permitted 	 Spins must be of different character (for definition, see U.S. Figure Skating rule 4103 (E)) Min 3 revs total if no change of foot Min 2 revs in each foot if change of foot Min 2 revs in each position 	To be chosen from: • Step sequence or • Spiral sequence (any pattern) Must use at least ½ ice surface Additional moves in the field, spiral and step sequences will not be counted as elements but will be counted as transitions and marked as such. If IJS is used, then: ChSt
	Max 4 Jump Elements	Max 2 Spins	Max 1 Sequence
ADULT BRONZE 1:50 maximum	 Max 2 combinations or sequences; 1 combination/sequence may consist of three jumps, and the other may have only two jumps Each jump Each jump may be repeated only once, and only as part of a combination or sequence (maximum of 2 of any jump) All single jumps are permitted (except single Axel) No single Axel, double or triple jumps are permitted 	 Spins must be of different character (for definition, see U.S. Figure Skating rule 4103 (E)) Min 3 revs total if no change of foot Min 3 revs each foot if change of foot Min 2 revs in each position No flying spins are permitted 	To be chosen from: • Step sequence or • Spiral sequence (any pattern) Must use at least ½ ice surface Additional moves in the field, spiral and step sequences will not be counted as elements but will be counted as transitions and marked as such. If JJS is used, then: ChSt
	Max 4 Jump Elements	Max 2 Spins	Max 1 Sequence
ADULT PRE BRONZE 1:40 maximum	 Jump combinations and sequences are optional, but no more than 2 combinations or sequences may be included 1 jump combination/sequence may consist of three jumps, and the other may have only two jumps. Each jump may be repeated only once and only as part of a combination or sequence (maximum of 2 of any jump) Only single and half-revolution jumps are allowed No single Lutz, single Axel or double jumps are allowed 	 Min 3 revs Spins with a flying entry are not permitted 	Connecting steps throughout the program are required

This chart highlights the elements in each program. It is not meant to replace the reading of the rules in the current version of the U.S. Figure Skating Rulebook. Should this chart disagree with the current U.S. Figure Skating Rulebook in any aspect, the rulebook takes precedence.

Spins of a different character – this refers to the abbreviation of a spin, e.g. a combination spin with a change of foot (CCoSp) and a combination with no change of foot (CoSp) are spins of a different character. For more information, see U.S. Figure Skating rule 4103 (E).

6.0 System Penalties: • 0.1 in each mark for each illegal element • 0.1 in 1st mark for insufficient revs.
 • 0.1 in each mark for time violation
 • 0.1 in 1st mark for step seq. not utilizing the ice as prescribed.

0.2 in 1st mark for each jump and/or spin element exceeding max.
 0.2 in 1st mark if a required element is omitted

Adult Singles 2016-2017 Version 1.1- 7/22/16 LMF

NOTE: All times are MAXIMUM times. There is no +/- 10 second leeway for adult programs. All programs – IJS and 6.0 -- over the maximum time will receive a deduction.

MAGIC CITY ICE CLASSIC 2017 PROGRAM ADVERTISING INFORMATION

The Magic City Ice Classic 2017 will be held July 28-July 30, 2017 at the Pelham Civic Complex and Ice Arena. It is hosted by the Birmingham Figure Skating Club and is sanctioned by United States Figure Skating. Show your support of this event, local, regional and national skaters by advertising your business or by sending a special note of encouragement to your favorite skater or coach.

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